

Course Title:	Autism and Sensory Interaction		
Trainer:	Steve McGuinness		
Venue:	River Alt Centre, 102A Woolfall Heath Avenue, Knowsley L36 3YE		
Date:	23/4/15	Time:	10am – 4pm
Aimed at:	Managers, Support Workers, families and self-advocates		

Course Outline:

Steve is an autism consultant, who is on the autistic spectrum himself. He offers up an interesting first person perspective into Autism. Steve is a father to a young man with autism and a National Councillor and Trustee of the National Autistic Society.

Aims:

- Newly Diagnosed
- Help and Support – What is available
- Sensory Issues, Behaviour that Challenges, More understanding of autism/apserger syndrome.
- Strategies

Outcomes:

- Participants will gain a better understanding of Autism,
- Recognise the early signs of anxiety and reactions of the individual with aspergers syndrome.
- Understand the importance of effective communication strategies and to help diffuse conflict.
- Factors that escalate hostility and aggression. Actions to avoid when confronted with a distressed person with autism/ aspergers syndrome.
- Implement coping strategies to manage a variety of settings including the workplace.
- Realise through continued development the importance of practising skills to help alleviate the difficulties experienced by individuals with aspergers syndrome.

