

Merseyside Joint Training Partnership

Merseyside Joint Training Partnership 2014/15

Training Programme for October - December

**This quarter we are focusing on
Personalisation including;**

**Personalisation in Commissioning, Just
Enough Support, Building a Social
Enterprise, Working Better Together and
The Importance of Belonging**

Key Speakers...

**David Pitonyak, Julie Stansfield,
John Dixon, Phoebe Caldwell,
Ruth Gorman and
Steve McGuinness**

**Family Members are welcome to
book a place for free**



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Merseyside Partners in Policymaking coordinate the Merseyside Joint Training Partnership, which is a not for profit training partnership of families, self-advocates and service providers.

The Merseyside Joint Training Partnership was originally conceived as an opportunity to provide:

- **Cutting edge**
- **Person centred and**
- **Affordable**

training for staff from provider organisations, for families, for local authorities and for anyone passionate about making a difference to the lives of people with disabilities. Many trainers offer their time for free or well below normal charge rates and so we are able to offer a rich and varied programme not normally affordable by any but the most cash rich organisations.

Members:

To book a place on any course email mpip@btconnect.com with your name, the course title and a contact number.

Non-members:

It is not too late for your organisation to become a member, simply fill out the form on the back of this booklet.

Individual places on training courses for non-members are £35 (small organisations) & £60 (large organisations).

Family members are welcome to book a place for free.

Course Title:	Getting in Touch- Autism		
Trainer:	Phoebe Caldwell		
Venue:	Salvation Army Walton		
Date:	1 st October	Time:	10am- 3.30pm
Maximum Places:	100	Aimed at:	Support Workers and Families

Course Outline:

Phoebe Caldwell is a free-lance consultant who has been working for thirty-five years with people with severe learning disabilities. She teaches therapists and support staff and parents to work with those adults and children who they find difficult to reach. For four years she was funded by the Joseph Rowntree Research Foundation to look at innovative ways of communicating with people who are cut off and living in their own worlds. Phoebe recently won the Times/Sternberg award for her work to improve the outlook for people with severe autism.

Phoebe runs workshops and works with individuals including those with autism or challenging behaviour, teaching staff directly through the people they are having difficulties with.

Aims:

- Finding ways to develop relationships and engage with people (adults and children) with severe learning disabilities whose behaviour we find difficult to reach.
- Introductory Course on Intensive Interaction: using non-verbal language to establish emotional engagement with children and adults with severe learning disability and/or autism
- The day uses video and histories to illustrate themes.

Participants are encouraged to ask questions and discuss problems.



To book a place on any course email mpip@btconnect.com

Course Title:	Personalisation In Commissioning		
Trainer:	John Dixon		
Venue:	Salvation Army Walton		
Date:	5th November	Time:	10am – 3pm
Maximum Places:	35	Aimed at:	Commissioners, Senior managers, Provider organisations and families

Course Outline:

John Dixon has been involved in Social Work his whole career, He was Head of Commissioning and Deputy Director at Surrey Social Services before going to West Sussex as Director in 1997. West Sussex Adults' Services has been one of the forerunners nationally in developing personalisation. As President of ADASS, John led on the development of personalisation and was closely involved with the Department of Health on the 'Putting People First' concordat. John is currently a trustee at In Control and continues his passion for ensuring that there is Personalisation in Commissioning.

For this training, John will be looking at giving people from all levels of an organisation insight into the commissioning process, asking :

- How can Personalisation and Commissioning Work?
- Changes that have happened and are happening within commissioning (and why); notably the Care Act/Outcomes Based Commissioning
- What commissioners should look for when commissioning in a person centred way
- How commissioners should/should not be looking to secure personalised outcomes.



in  **Control**

Course Title:	Makaton		
Trainer:	Heidi Kenworthy (MOWLL)		
Venue:	Salvation Army Walton		
Date:	10th November	Time:	10am – 3pm
Maximum Places:	15	Aimed at:	Support Workers, families and self-advocates

Course Outline:

Heidi is the manager of Merseyside based organisation MOWLL. MOWLL is committed to promoting the social inclusion of people with Learning Disabilities. Heidi is also a lecturer in Disabilities Studies at the University of Liverpool.

Makaton is sign language designed for children and adults who have learning difficulties and additional communication problems, it incorporates sign language, speech, body language and symbols. The Workshop provides a practical introduction to Makaton for parents and carers who need to use Makaton in everyday situations. You will learn the signs and symbols for Stages 1-4 and other useful core vocabulary and how to use Makaton at home or at work.

Aims:

- To introduce basic Makaton as a means of supporting total communication within health and social care settings.

Objectives:

- To use vocabulary stages 1 – 4 and additional signs
- To be aware of the underlying principles of Makaton
- To know how to use Makaton in everyday settings
- Share knowledge with colleagues in a workplace setting
- Access specialist advice to incorporate Makaton into communication environments.



To book a place on any course email mpip@btconnect.com

Course Title:	Just Enough Support		
Trainer:	Ruth Gorman		
Venue:	Walton Cornerstones		
Date:	12th November	Time:	10am-4pm
Maximum Places:	35	Aimed at:	Managers, Support Workers, families and self-advocates

Course Outline:

Ruth Gorman is Chief Executive of Manchester based provider organisation Imagine, Act and Succeed (IAS).

IAS have developed an idea called 'Just Enough Support' and Ruth will be spending the day delivering training and discussions on what this really means.

Objectives:

- To understand what is meant by 'Just Enough Support'

Topics:

- Planning for the future
- Developing alternatives to paid support
- Balancing working together in partnership with people supported, families and communities, with providing person centred support
- Positive Risk
- Independence
- Changing the way which we support



Imagine, Act & Succeed

Course Title:	Building a Social Enterprise		
Trainer:	Helen Allen		
Venue:	<u>Walton Cornerstones</u>		
Date:	13th November	Time:	10am-4pm
Maximum Places:	30	Aimed at:	Senior Managers, Managers, Support workers & Families

Course Outline:

Helen began her career in the social care field in Oldham, within supported housing for adults with a learning disability, before moving to Shared Lives where she stayed for a number of years managing the scheme and developing it into a generic service. Helen became an Associate for Community Catalysts in 2010, supporting other Local Authorities to develop Micro Market projects.

This training is for anyone who is developing, or thinking of developing, their own social enterprise.

Topics:

- What is a social enterprise and what makes it different to other businesses
- Things to consider when building a social enterprise
- Pitfalls and problems
- Case studies of successful and unsuccessful social enterprises.



communitycatalysts
unlocking potential **effecting change**

To book a place on any course email mpip@btconnect.com

Course Title:	Eating with Dignity		
Trainer:	Kathy Fearn		
Venue:	<i><u>Walton Cornerstones</u></i>		
Date:	20 th November	Time:	10am – 4pm
Maximum Places:	20	Aimed at:	Support Workers & Families

Course Outline:

Kathy Fearn is a qualified speech and language therapist, working with MerseyCare. In this role, she noticed the lack of confidence and training that support workers and family members had when supporting people to eat.

This is a one day course for people who directly support individuals with their eating and drinking. The day includes; Discussion, Case Studies, Personal Account, Experiential Activities, DVDs and Practical Workshops.

Learn about eating, drinking and swallowing difficulties and what you can do to help.

Content of Course:

- Normal swallowing
- Swallowing difficulties and associated health risks including aspiration and choking.
- Assessment
- Intervention including the importance of technique, texture modification, specialized utensils and seating posture.
- Multi – disciplinary working.
- The importance of the social aspects of eating / drinking.

Learning Outcomes:

Increased awareness of:

- The signs of swallowing difficulty and when to refer to health professionals.
- What health professionals can do to help
- What you can do to help.
- National guidelines and internet resources.
- The social aspects of eating and drinking and maintaining dignity and respect.

Course Title:	Postural Care		
Trainer:	Sarah Hill		
Venue:	Salvation Army Walton		
Date:	24th November	Time:	10am – 4pm
Maximum Places:	20	Aimed at:	Support Workers & Families

Course Outline:

Sarah started working with families whose children were using night-time positioning to prevent and correct scoliosis and other body shape distortion in 1998, this work was published in Physiotherapy in 2000 and remains the only qualitative study of family experiences of therapeutic night positioning at home. In 2004 she co-wrote the Postural Care Skills Programme. She's also a fully qualified teacher, and acts as principal tutor for Postural Care CIC, a not for profit organisation.

Postural care is gentle, respectful and consistent repositioning of the body. This is done to protect and restore the body shape, muscle tone and to improve quality of life for people with mobility issues.

Objectives

- To feel confident in the positioning of the person you support or family member
- To ensure that the positioning is safe and not harmful to the person you support or family member.



To book a place on any course email mpip@btconnect.com

Course Title:	Autism Awareness		
Trainer:	Steve McGuinness		
Venue:	<u>Salvation Army Walton</u>		
Date:	26th November	Time:	10am-4pm
Maximum Places:	60	Aimed at:	Managers, Support Workers, families and self-advocates

Course Outline:

Steve is an autism consultant, who is on the autistic spectrum himself. He offers up an interesting first person perspective into Autism. Steve is a father to a young man with autism and a National Councillor and Trustee of the National Autistic Society.

Aims:

- Newly Diagnosed
- Help and Support – What is available
- Sensory Issues, Behaviour that Challenges, More understanding of autism/asperger syndrome.
- Strategies

Outcomes:

- Participants will gain a better understanding of Autism.
- Recognise the early signs of anxiety and reactions of the individual with aspergers syndrome.
- Understand the importance of effective communication strategies and to help diffuse conflict.
- Factors that escalate hostility and aggression. Actions to avoid when confronted with a distressed person with autism/ aspergers syndrome.
- Implement coping strategies to manage a variety of settings including the workplace.
- Realise through continued development the importance of practising skills to help alleviate the difficulties experienced by individuals with aspergers syndrome.



Course Title:	Working Better Together		
Trainer:	Julie Stansfield		
Venue:	<u>Salvation Army Walton</u>		
Maximum Places:	2nd December	Time:	10am-4pm
	35	Aimed at:	Senior Managers, Managers, Support workers & Families

Course Outline:

Julie has more than 22 years' experience in the health and social care sectors. Her career began when she worked with older people to support their rehabilitation and this led to her becoming a manager of older people's services by the age of 21. Julie has also worked in service manager posts supporting people with mental health needs to be resettled in their communities, managed change in day services and hostels for people with learning disabilities and has been Director of the North West Training Development Team. Julie is currently Chief Executive of In Control.

This training will centre around the idea that for support to be great, it will mean all people in a person's life coming together to make things better.

Objectives:

- **Them and Us-** removing barriers for working together
- **Letting Go-** understanding and recognising the importance of letting go in order to achieve the best outcomes
- **A person centred approach-** the importance of clear, honest communication between providers, families and people supported.



in  **Control**

To book a place on any course email mpip@btconnect.com

Course Title:	The Importance of Belonging		
Trainer:	David Pitonyak		
Venue:	<u>Salvation Army Walton</u>		
Date:	10th December	Time:	10am-4pm
Maximum Places:	60	Aimed at:	Senior Managers, Managers, Support Workers, Families and self-advocates

Course Outline:

David Pitonyak is well respected and a lead thinker in the field of Learning Disabilities. His practice is based upon a simple idea that difficult behaviours result from unmet needs. In a sense, difficult behaviours are messages which can tell us important things about a person and the quality of his or her life. People with difficult behaviours are often missing:

- meaningful relationships
- a sense of safety and well-being
- power
- things to look forward to
- a sense of value and self-worth

David will spend the day discussing the Importance of Belonging and why he believes that 'Loneliness is the only real disability.'





It's not too late to become a member...

Membership Form

Please indicate the membership level for your organisation:

No. of Training Places	Price	Please tick ✓
20	£620	
41	£1230	
62	£1798	
84	£2352	
105	£2832	
128	£3328	
150	£3750	

Name:		
Position:		
Organisation:		
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Please return to:
Merseyside Partners in Policymaking
 170 Rice Lane, Walton, Liverpool, L9 1DG
 Tel: 0151 287 7977
 Email: mpip@btconnect.com

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Places that aren't cancelled 7 days in advance of the training are still chargeable

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