

Sainsbury's

Active Kids



For All

Inclusive Community
Training Programme



Inclusive Community Training Programme

inspired
by 2012



What?

Training to improve skills, know-how and confidence in delivering sports-based activities to disabled people. Throughout the training you will:

- learn about practical tools to support inclusive delivery
- explore creative ideas to support disabled people to take part in physical activity and sport
- complete a workbook that will support your activity sessions after the course
- learn about local opportunities for participants, leaders, volunteers and coaches in sport and physical activity.

How?

Three-hour practical workshop supported by online resources.

Contact ak4a@efds.co.uk
01509-227 751 or your local county sport partnership for available courses.



‘I left this training feeling that it had been the most practical and useful session that I had attended in a very long time. Throughout I was struck by how relevant it was to my everyday work, organising events and supporting adults with learning disabilities to access opportunities in the community.’

Tina, Mencap Activities Coordinator

Who?

Individuals and organisations that support disabled people of all ages within the community, including;

- support workers
- parents
- carers
- healthcare professionals
- volunteers
- community groups and organisations.

People working within sport-specific environments will be signposted to access inclusion training identified or provided by their governing body of sport.

Those outside of England will be signposted to their relevant home country disability sport organisation.

‘The people that have supported me to get into sport are incredibly important to me and my career. Through this training you could play a part in making the same possible for others.’

Ellie Simmonds OBE



How Much?

£10 per participant
(subsidies may apply).

Why?

To support active communities for all.

‘It is something that everyone who works with disabled people should go to.’

**Workshop participant, Batley,
West Yorkshire Sport**



The Active Kids For All Inclusive Community Training has been developed in partnership between Sainsbury's and Sport England through a National Lottery investment. It is delivered by the English Federation of Disability Sport and sports coach UK.

By October 2016 this initiative will provide low-cost, first-step training to 10,000 individuals in England who support disabled people within the community.

If you would like to find out more about Sainsbury's Active Kids For All Inclusive Community Training or how to secure your place at a workshop, please contact ak4a@efds.co.uk or 01509-227 751, or a local registered partner:

Partner Details:



EFDS
SportPark
3 Oakwood Drive
LE11 3QF
Tel: 01509-227 751
Email: ak4a@efds.co.uk
Website: www.efds.co.uk



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