



We support **YOU** to speak up

If you would like to find out more, contact:

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Self-advocacy services, supporting adults and young people with learning disabilities, are provided by Knowsley Disability Concern. KDC is an independent charity that works with lots of organisations to support people. We are not part of social services.



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Self-advocacy is about people with learning disabilities speaking up about things that matter to them.

Knowsley Disability Concern runs the **Young People Self Advocacy Service** which provides self advocacy support to young people in transition. This happens in schools and colleges where we support people to speak up and feedback their views. This is so that they can begin to influence the services that they receive and the decisions that are being made around their lives.

We support the **BIG Group** (Being Involved Group) which is a group of adults who come together to talk about different issues that are important to them. The group helps to plan and deliver training for Knowsley Health Services and helps Knowsley Council with their plans for the future. Anybody with a learning disability can come along to the BIG Group, which meets on one afternoon every month.

We deliver an **outreach service** and support providers of other services such as Acorn Farm, Day Services and Leisure and Activity Centres to help people to speak up for themselves. We are able to offer **one-to-one support** for individuals who need extra help.

KDC ensures that adults and young people can get independent self advocacy support in different places.

