

“ Thank you for believing as we do that the choices our dad made about his care are important, and for trying to help us fulfil those choices. We know you could not have done more to help. ”



# Personal Health Budget Support Service

Choice and control over spending to meet your healthcare and wellbeing needs.



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## What is a Personal Health Budget?

A personal health budget is an amount of money to support your identified health and wellbeing needs, planned and agreed between you and your local NHS team.

## How can KDC's Personal Health Budget Service help?

We work with you, your family and your healthcare team to enable you to select treatments and services that meet your needs in ways most appropriate for you.

**We will help you to develop a care and support plan which sets out your personal health outcomes you want to achieve, the amount of money in the budget and how you are going to spend it. We will make sure you are enabled to play an active role in managing your health.**

You don't have to change any healthcare or support that is working well for you just because you get a personal health budget, but if something isn't working, you can change it.

You will be assisted through every step of the process by a skilled and experienced advisor who will:

- **help you find out if you are eligible and assist you to apply**
- **find out what your indicative budget will be and help you understand how a personal health budget would work for you and those around you**
- **help you think about your life and identify your health and wellbeing outcomes**
- **co-create a care and support plan setting out your goals and how you will spend your budget to achieve them**
- **advise you on the best way of receiving your personal health budget (e.g. notional, third party or direct payment)**
- **help you get your final budget agreed and your care and support plan signed off to ensure it is legal, safe, effective and affordable.**



Once the financial arrangements are in place your advisor will help you find the most suitable provider or specialist service, as well as recruit personal assistants, including writing job descriptions advertising, shortlisting, interviewing, DBS checks, contracts of employment and training.

Your advisor will provide continuous, ongoing support to make sure the services you have bought are helping you to achieve your health and wellbeing outcomes. They will liaise with your healthcare team and NHS finance staff to support you with reviews and help you make any changes that might be needed from time to time.

**Our full third-party managed accounts service incorporates a comprehensive payroll processing facility covering all your legal duties including auto-enrolment and workplace pensions.**

To find out more, contact us on 0151 480 8873 or email [andy.gilbert@kdc.org.uk](mailto:andy.gilbert@kdc.org.uk)

Detailed information can be found on our website at [www.kdc.org.uk/personal-health-budgets](http://www.kdc.org.uk/personal-health-budgets)