

## Citizen Advocate volunteer T.A.L.K Project



### Purpose of the role

T.A.L.K. stands for **T**alk **A**nd **L**isten **K**nowsley and is an advocacy service for people with disabilities in Knowsley.

An advocate works to make things happen and change

An advocate tries to make sure that people have the same chances as everybody else in the community

An advocate helps people to make choices of their own life

### Typical tasks

- Finding information
- Making phone calls
- Writing letters
- Speaking on person's behalf, e.g. at meetings

### Typical time commitment

We ask that volunteers commit to a minimum of 1 day per week for continuity purposes.

### Skills, values, abilities and commitment needed

- Good communication skills
- Ability to listen to partners wishes
- Ability to speak up on behalf of another person
- Ability to develop good working relationships

- Understanding of barriers for people with learning difficulties
- Non-judgmental of other people
- An enabler
- Motivated but know when to ask for support
- Ability to cope with difficult situations
- Ability to negotiate and work in a non-confrontational manner
- Loyalty to partner
- Ability to respect confidentiality
- Ability to promote principles of citizen advocacy
- Willingness to work within the project policies and guidelines

### Opportunities and benefits

- Training and support
- Opportunity to develop administrative and telephone skills
- Take part in fun activities with a team of like-minded people
- Chance to engage with and support your community
- Opportunity to contribute to our valuable work.